

SQ3R NOTES



Guidelines: Follow the steps listed in the table below, and insert your comments and observations in the empty chart on the next page.

S = Briefly survey the whole chapter.

1. Scan all pages of the chapter and find:
 - a. Headings and subheadings and their relationships.
 - b. Charts, pictures, graphs, and figures as well as their captions.
 - c. Questions discussed in the last paragraphs/summaries.
 - d. The structure, organization, and format of the material you're going to read.
2. Review your observations to make sure you understand what the given chapter will be about.

Q = Turn the headings/subheadings/topic sentences into questions.

Write the questions in the table's left column before you start reading the section (use the Q Notes template).

Formulating these questions will:

1. Increase your curiosity.
2. Refresh in your memory the information that you already know.
3. Allow you to grasp the chapter more quickly.
4. Make important points/ideas/connections clear right away.

R = Read actively to answer your questions.

1. Look for the main ideas/points and their supporting facts.
2. Pay attention to the structure and relationship between ideas by focusing on keywords like:
 - a. More of the same: *also, again, moreover, likewise, more, even more so, furthermore, and in addition*
 - b. Change in ideas/thoughts: *but, although, yet, nevertheless, despite, in spite of, however*
 - c. Conclusions: *so, thus, therefore, as a result, consequently, accordingly, in conclusion, hence*
3. Look up new and key words in the dictionary/thesaurus, and record their definitions in your notes.
4. Understand the graphs/charts/images/figures.

R = Recite while reading the text.

1. After reading the first section of the text, try to answer your questions; be sure to give explanations and examples.
2. Write your answers in your own words in the right-hand column of your notes.
 - a. Write enough—neither too little nor too much.
 - b. Underline the key words and phrases.
3. Repeat the process until you finish reading the entire chapter or selection.

R = Review.

1. Skim the entire chapter again once you've finished reading it.
2. Reread your notes and any part of the text where you don't fully understand your notes. Be sure you understand the main ideas and their relationships to each other.
3. Ask yourself the questions you posed in the beginning, and answer them without looking at your notes.
4. Answer the questions at the end of the chapter. Then, look at your notes again and add any missing information.
5. Review your notes before the test.

SQ3R NOTES

The reading selection is titled _____ and is written by _____.

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R = Read actively to answer your questions.

R = Recite while reading the text.

R = Review.